# Savannah Welch

#### BIO

Savannah is a devoted mother, Birth/Postpartum Doula, Certified Parent Educator/Coach, & creative spirit. She believes birth is one of the most vulnerable & impactful events of our lives for both Mother & baby, & deserves to be held with compassionate, collaborative & consensual care. Her passion began early, inspired by her mother's 3 successful homebirths, including her own, in Nashville, TN. She recognized that homebirth was normalized in her community, revered as a safe & sacred option. This passion grew with the profound birth of her son, Charlie Cotton, in 2012, an empowering experience that fueled her commitment to offer nurturing, well-informed care to other Mothers. Savannah also offers personalized postpartum support during the "Sacred Season," including birth processing, nutritious meal preparation, & breastfeeding assistance, as well as group classes & private consultations using a progressive, science-based curriculum, "Attached at the Heart: Raising Connected and Compassionate Children". Currently apprenticing as a midwife assistant, Savannah is a forever student of the multifaceted miracle of birth. Allow her to guide you through this meaningful journey with assurance & dedication.



# OFFERINGS

- > Birth and postpartum doula
- Parent Education Group Courses & Private Consultation
  - > Blessingway Ceremonies
  - > Breastfeeding Support
  - Savannah welcomes a free 30 consultation and offers sliding scale rates





### EXPERIENCE

Well Educated & Trained

100+ Births

Savannah was certified as a Birth Doula with DONA (Doulas of North America) in 2014 and was certified as a Postpartum Doula with Nest + Bowl Collective in Spring 2023

## CONTACT:

- savannahrosewelch@gmail.com
- www.savannahwelch.com
- savannahwelch